



In & Around SunTrust Plaza

October 2018

UPCOMING EVENTS

October 2018 Events

October 9th—11th
The Premium Collection
10:00am-2:00pm - Food Court

October 16th—18th
Expect Compliments
10:00am-2:00pm - Food Court

October 24th—25th
Red Cross Blood Drive
8:00am-2:00pm -
Garden Atrium

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www.suntrustplaza.com



Hurricane Impacts Blood & Platelet Donations

More than 200 blood drives have been cancelled due to Hurricane Florence. The Red Cross is asking donors in non-impacted areas to please donate blood now.

The American Red Cross is working around the clock to help thousands of people impacted by Hurricane Florence.

Donating blood is fast, easy, and rewarding. Even if you're nervous about it, there's no reason to be. Donate today. You'll be helping to save people's lives!

RapidPass® can help save time during your next blood or platelet donation. For the best donation experience, please [schedule an appointment](#) in advance, then complete your RapidPass®. The process is simple, just 4 steps - and it takes about 10 to 15 minutes. RapidPass® is compatible with most mobile devices so you can download the [Blood Donor app](#).



**OCTOBER
BREAST
CANCER
AWARENESS
MONTH**

Breast cancer is the second most common kind of cancer in women. About 1 in 8 women born today in the United States will get breast cancer at some point.

National Breast Cancer Awareness Month is a chance to raise awareness about the importance of detecting breast cancer early. Make a difference! Spread the word about mammograms, and encourage communities, organizations, families, and individuals to get involved.

Fall in love with
savings at SunTrust Plaza
Food Court & Eateries

Come enjoy Fall savings at the SunTrust Plaza Food Court through the month of October with savings from your favorite eateries. You can pick up your free, Fall Savings coupons from the various sign holders located throughout the SunTrust Plaza Food Court.





Downtown Happenings

College Football Hall of Fame

Tailgate Saturdays
(SunTrust Discounted Attraction)
October 6th, 13th, 20th, & 27th
9:00 AM—6:00 PM

Georgia Aquarium

Party with the Penguins
(SunTrust Discounted Attraction)
October 13th
11:30 AM—2:30 PM

High Museum

Friday Night Jazz
Featuring: Rasheeda Ali
(SunTrust Discounted Attraction)
October 19th
6:00 PM—10:00 PM

Zoo Atlanta

BOO at the Zoo
(SunTrust Discounted Attraction)
October 20th, 21st, 27th, & 28th
9:30 AM—3:00 PM

Tickets for all the above events and movie releases can be purchased at the Concierge desk SunTrust Plaza LL-160. Email suntrustconciierge@csoa.com for more information



GET CAUGHT GREEN HANDED!

Nominate a co-worker that you have “caught” green-handed. The sustainable practices exhibited by your nominee should include some or all of the following habits:

- Recycles – participates in the office and/or building recycling program
- Alternative Transportation – carpools, bikes, walks, uses transit for commute
- Turns out office lights when away from the office for meetings
- Turns out office lights when gone for the day
- Turns off electronics when not in use Unplugs electronics or turns off power strips when not in use
- Drinks beverages in re-useable containers vs. paper or foam cups in the office
- Conserves paper, reusing, print on both sides, doesn't print unless necessary
- Encourages others to conserve energy, water, paper, recycling, green commute

Enter to win \$100 Visa gift card.

www.suntrustplaza.com

SUNTRUST PLAZA
SUSTAINABLY SMART

EMPLOYEE SPOTLIGHT



Sytha Chan, Building Engineer for SunTrust Plaza, has been with Portman Management for almost 17 years. Sytha is responsible for troubleshooting, adjusting and repairing the lights in the SunTrust Plaza building and also temperature adjustments including calibrating the HVAC units above the suspended ceilings. In addition, he handles minor plumbing issues and locates, replaces and repairs defective electrical outlets, switches, breakers and fuses. Sytha has been married for 26 years to his wife Sophie and they have two children, Hannah and Philip. He is the Leading Worship Minister for the Cambodian congregation at First Baptist Church Jonesboro and loves to plan mission trips to help share faith as well as needed supplies. Sytha’s mission trips have taken him to Romania, Peru, Israel, Kenya, Alaska and South America. He plays the guitar, loves cooking with his wife and enjoys camping.

AROUND SUNTRUST PLAZA

FOOD COURT

Burgers & Friends	404.610.7770*
Café Cubism Culinary Art	404.688.0008*
Canyon Grill	404.610.7770*
Caribou Coffee	404.681.0208*
Dunkin’ Donuts	404.589.1122*
Garden Deli & Yogurt Bar	404.223.3354*
Papino’s	404.614.0130*
Taste of Asia	404.577.9707

RETAIL SHOPS & SERVICES

Trust Dental Group	404.525.2741
Executive Auto Salon	404.586.9274
Nick’s Executive Shine	404.482-9531
Optimal Performance Chiropractor	770.912.9797
Sun Dry Cleaners	404.658.9973
SunTrust Branch Bank	404.479.2344
Tower Lobby Shops	404.223.6060

RESTAURANTS

Big Kahuna	404.343.0409*
Morton’s The Steakhouse	404.577.4366*
Pacific Rim Bistro	404.893.0018*

*catering available

Contact one of SunTrust Plaza’s delicious restaurants or eateries for catering information. Enjoy onsite convenience and free delivery!

SUNTRUST PLAZA RETAIL SPOTLIGHT

Café Cubism

Cubism is the first form of abstract art...created by Pablo Picasso

Café Cubism uses pinches of various spices and ingredients brought together to form delicious dishes.

Food is an art.

Have Café Cubism cater your next meeting/event or just stop by their location in the Food Court to enjoy lunch. They offer delicious fresh food daily. Their staff comes in at 5:30am every morning to make meals fresh. Usage of a weekly inventory systems allows Café Cubism to use fresh never frozen chicken and beef products. Visit their website to view their food and catering options.



www.cafecubism.com/restaurant

CONCIERGE CORNER

DISCOUNTED ATTRACTION TICKETS

Movie Passes

Regal Theaters	\$9.00
AMC Theaters	\$13.00

(Orders of 10 or more tickets require 5 days notice.)

Georgia Aquarium

Anytime admission includes Deepo's 3D Wonder-show and Dolphin Tales.
(Please order 72 hours in advance if possible.)

Adult	\$37.00
Child (3-12)	\$31.00
Senior (65+)	\$33.00

College Football Hall of Fame

Adult	\$18.50
Child (3-12)	\$16.00

(2 and under are free)

High Museum

Concierge passes are not dated and are valid for Friday night Jazz .

Adult	\$12.50
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Adventure Pass and Stone Mountain Park

1 Day Ticket:	\$25.95
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Go to www.stonemountainpark.com/save to buy tickets and put the promo code **CSOA** in when checking out.

Six Flags Over Georgia

Six Flags + Hurricane Harbor:	\$43.99
Six Flags White Water :	\$37.99
Combo Season Pass :	\$65.99

Go to www.sixflags.com/overgeorgia and use the promo code **CSOA** in the upper right-hand corner to purchase your tickets online. *(Gate prices vary and do not include taxes.)*

Events, Shows & More!



CONCIERGE SERVICES OF ATLANTA, INC.

WANT TO BE IN THE KNOW ABOUT WHERE TO GO?

Great things are happening all over Atlanta. Never miss out on the events happening in and around Atlanta again by subscribing to the **Weekend Happenings**, our weekly newsletter. Click [here](#) to add yourself to the distribution list.



Atlanta Movie Tours
Best of Atlanta Tour
(SunTrust Discounted Attraction)
CODE: DHoward

With over 1,200 movies and television shows filmed here in Atlanta, Atlanta Movie Tours pack their tours with tons of locations, clips and behind the scenes stories. Whether you love *Avengers: Infinity War*, *Ride Along*, *Stranger Things*, *The Hunger Games*, *The Walking Dead*, *The Fast and the Furious*, *Jumanji*, *Anchorman 2*, *Baby Driver*, or *The Real Housewives Of Atlanta*, their tours have something for everyone.



SunTrust Plaza corporate concierge, **Defrieda Howard**.

She is located on the lower lobby, in the SunTrust Plaza Conference Center.

Also, remember to stop by and purchase discount attraction tickets (cash or check only) from 12:30 pm- 2:00pm, Monday through Friday.

Defrieda Howard can be reached at 404.614.5470 or via email at SunTrustConcierge@csoa.com, between the hours of 7:30 am to 4:30 pm Monday-Friday. The Concierge desk is located in the SunTrust Plaza LL Conference Center, Suite 160.